FRIDAY, MAY 31ST & SATURDAY, JUNE 1ST 2019

Friday May 31st

9:00am – 9:15am
Welcome!

9:15am-10:45am
Intersectionality in Clinical Practice: Healing in an Era of Divisiveness
Keynote Speaker, Dr. Hector Y. Adames

Currently, we are living through one of the most divisive periods in the history of the United States. Such divisiveness often yields hostility towards historically oppressed groups including People of Color, immigrants, gender and sexual minorities, and the like. There is a large body of empirical work that underscores the negative impact of oppression on an individual’s health and wellness (Bryant-Davis & Ocampo, 2005; Chavez-Dueñas, Adames, Perez-Chavez, & Salas, 2019; Krieger, 1999). However, the impact of systemic oppression is often not emphasized in most of the existing psychotherapeutic and counseling literature (Adames & Chavez-Dueñas, 2017). Hence, healing during socially hostile times requires a paradigm shift. To this end, the presentation will (1) provide an overview of intersectionality, which centers the ways in which overlapping oppression impact groups and individuals, and (2) illustrate ways that psychotherapists and counselors can integrate an intersectional framework into their clinical practice.

11:00am – 12:30pm
Fostering Professional Identity & Counseling Efficacy in the Supervision Process
Dr. Bita Rivas & Dr. Anthony Rivas

This presentation will discuss the role of the supervisor in fostering the professional development and self-efficacy of the supervisee. Defining the role of the counselor, defining the role of the various specialties in mental health, unity within the counseling profession, and variances from state to state will be discussed in detail. Specifically addressing the fostering of professional identity and self-efficacy in the supervisory role will also be discussed. There will be an interactive portion of this presentation to include specific
experiences of the group members in the workshop and the importance of this topic to the developing field of professional counseling.

Finding Voice and Flourishing as Beginning Counselors  
*Dr. Dana Stone & Dr. Jessica ChenFeng*  
The purpose of this workshop is to engage current students, associates, and early career licensed clinicians in supportive discussions about integrating self and identity in the self-of-the-counselor/therapist journey from student to licensed clinician. The presenters will share stories of students and associates grappling with aspects of their intersectional identities related to topics of race, religion, gender, beliefs, values, etc. and how those topics interact with the development of the counselor/therapist in academic settings, traineeship, and other early career experiences. Supportive suggestions will be offered and new ideas generated for ways the student-trainee-supervisee can remain authentically themselves and access their voice with peers, faculty, supervisors, and clients on their journey to becoming licensed clinicians.

Is Coming Out Still Relevant? Socio-political and Cultural Shifts  
*Dr. Deborah Buttitta & Dr. Daniel Alonzo*  
This presentation will examine emerging constructs regarding LGB Identity development, and the relevance of “coming out” in today’s social-political climate. Participants will learn to utilize assessment processes that broadening the conversation with LBG clients, and address the intersecting contexts to which LGB clients identify and belong. This presentation discusses the relational and systemic nature of “coming out” within families, cultures of origin, religious denominations, friends, work contexts, and school systems. Treatment strategies that incorporate cultural humility, collaboration, and an expanded view of health and wellbeing for LBG individuals and the contexts in which they live will be discussed.

Healing Crimmigration Trauma: Impacts on Counselors, Human Rights Defenders, and Immigrant Communities  
*Dr. Nola Butler-Byrd*  
In our current political climate, one of our most divisive issues is our national policies toward immigration. “Crimmigration” focuses on the nexus between criminal and immigration law and its impacts on Latinx and other diverse, vulnerable refugees, immigrants and asylum seekers. Community Counseling graduate students and faculty will share an overview of a transborder crimmigration project at the Mexico/U.S. border. The project included healing workshops for Tijuana Human Rights Defenders and a transborder crimmigration symposium. Participants will have the opportunity to better understand the specific challenges and trauma that immigrants and refugees at the U.S./Mexico border experience. This presentation will help counselors provide more informed treatment when working with diverse immigrants and refugees in their practices.

Small Fish in a Big Pond: Thriving as an LPCC in the Integrated Medical Setting  
*Hanna Kleiner*  
The primary care system in our country is one of the most crucial points of access for mental health treatment in the United States, with more individuals seeking care there than from the specialty outpatient mental health sector. Thus, our country’s healthcare system continues to move towards the coordination of general and behavioral healthcare in integrated primary care settings. This has created an exciting practice platform for behavioral health providers, including its own unique set of challenges. If LPCC’s are to thrive in an integrated setting, they must demonstrate a mastery over interdisciplinary collaboration, the ability to differentiate between traditional therapy and behavioral health consulting, and expertise in the specific core competencies involved in integrated behavioral health.
Deaf Counselor, Hearing Client  
*Emily Alexander & Dr. Julie Chronister*

This presentation will provide the audience with a) background and literature on the multicultural context of Deaf/deaf counselors/clients within the counseling context; b) the organizational/setting barriers associated with being a Deaf/deaf counselor; c) a suggested framework for increased access to Deaf/deaf counselors by hearing clients; and d) and suggestions for counselor training programs for increasing accessibility to training, placement and employment for Deaf/deaf counselors.

Collaborating for Change via Courageous Stories of Resiliency  
*Dr. Marsha Riggio & Dr. Rufus Spann*

Let’s talk about our stories of resilience; how we find strength in our intersections of race, culture, ethnicity, gender, sexual orientation, religious identities; and how a multidimensional lens can help us with our clients. This session will focus on experiences skills around broaching, disclosing, and the narrative approach to finding growth and change in ourselves so we can collaborate with others using stories of courageousness and resiliency.

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12:30pm – 1:30pm  
**Lunch & CALPCC Business**

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1:45pm – 3:15pm  
**Transforming Counselor Education with Virtual Reality**  
*Dr. Shyrea Minton, Dr. Deborah Buttitta, Dr. Diane Gehart, Dr. Dana Stone, & Dr. Sally Spencer*

Through this workshop, counselor educators will be introduced to technology that dramatically narrows the gap between the classroom and clinical practice, offering exciting options for teaching counseling skills. This workshop will provide a 30-minute introduction to simulation technology and its evidence base; a live demonstration of this simulated reality (yes, you get to chat with a real-life avatar); and a 20-minute discussion of strategies for successful implementation of this technology.

**Preparing for Legal and Ethical Practice: Avoiding Pitfalls and Preparing for the Exam**  
*Dr. Leah Brew*

In this 3 hour session, participants will learn about common legal and ethical pitfalls that new and seasoned practitioners make based upon the type of cases evaluated by the BBS board. Participants will also learn strategies to keep them out of trouble. Information that is not commonly found in ethics textbooks will also be discussed (such as state-specific laws) to prepare new graduates to take the legal and ethical CA state exam. Updates on the recently passed supervision law will be included.

**Deconstructing Gender and Mental Health**  
*Van Levy*

Gender is a societal construct that can be toxic and negatively impact emotional, physical and/or psychological impact on those who fall outside of what is deemed as “normal”. LGBTQ+ folks, specifically, folx of color are far often misdiagnosed with mental health issues due to the lack of cultural competency. In this presentation, we will deconstruct these constructs to create a trauma informed lens to create safe spaces for folx who identify within and/or are exploring their LGBTQ+ identity have a safe space to grow into themselves.
A Comprehensive Approach to Trauma-Informed Care

Dr. Jennifer Pemberton & Kim Roth

This workshop will present prevalence information and the impact of sexual abuse and trauma on neurobiological, emotional, behavioral, and social functioning. A comprehensive approach to trauma-informed care will be discussed that includes evidence-based therapy models, innovative group treatment strategies, and Strength United programming, a multidisciplinary service delivery model that includes the first County Family Justice Center in Los Angeles.

A Model of Social Support for Persons with Serious Mental Illness: Implications for Counselors and Recovery-Oriented Practice

Dr. Julie Chronister & Dr. Sandra Fitzgerald

Five percent of the US population lives with a serious mental illness (SMI). Persons with SMI experience multiple personal and environmental barriers that contribute to disabilities across an array of social contexts, leading to numerous poor health and behavioral health outcomes. Social support is an essential facilitator of functioning and participation for persons with SMI, and a basic principle of the mental health recovery model. Yet, the specific types of social support beneficial to persons with SMI is not well understood. Within the context of counseling and the mental health recovery model, this presentation will present an SMI-specific model of social support based on findings from a large scale, NIMH-funded mixed-methods study.

Yoga as a Part of Integrated Behavioral Treatment for Eating Disorders

Tiffany Nakamura & Christine Costello

An increasingly growing body of evidence suggests mindfulness based approaches are effective modalities for the treatment of eating disorders. The presentation will discuss the principles and definitions of mindfulness based on Dialectical Behavioral Therapy and yoga practice. Clinical applications of yoga as a complementary tool to DBT and ACT with eating disorders will also be presented. This workshop will consist of a 40 min presentation and a 50 min restorative yoga practice. The presenters will provide a rationale for practical posture guidance while practicing yoga. Participants will experience combining the principles of mindfulness and yoga to cultivate connection with the present moment and internal awareness of thoughts, emotions, sensations, and urges.

Decolonizing Psychotherapy in Support of Social Justice

Tiha Baker

This session will engage participants in an exploration of social justice advocacy by investigating the decolonization of psychotherapeutic techniques and practices. Decolonization of psychotherapy strives to open the door to incorporating practices that empower the client, from diverse backgrounds, into taking ownership of their mental health as well as feeding into a social justice framework. Indeed, the essence of social justice is to ultimately level the playing field for all people, but specifically, in the US, to continue to create a country where all people feel welcome and are able to move past surviving and enjoy the benefits of thriving. Participants will define what decolonizing psychotherapy means to them, on a personal level, and define social justice in its broader aspect. Participants will identify what their social justice work resembles when engaging marginalized populations and find ways to bridge gaps and illuminate blind spots. Lastly, participants will engage in activities to expand their understanding of techniques that are inclusive and empowering to populations with trauma and oppressive backgrounds.
3:30pm – 5:00pm

Multicultural Supervision as an Imperative: The Inclusion of Diversity and Social Justice in Clinical Practice

Dr. Matthew Mock

The continuing increase of diversity in the U.S. has led to further imperatives for the inclusion of multiculturalism in education, training, supervision and clinical practice. Increased awareness of diversity has led to a need to effectively incorporate cultural competency into curricula content, teaching-learning processes and supervising ethical clinical practice. Cultural competence and responsiveness means not only understanding others, but for students, the self-as-clinician. For those teaching and supervising this also means self-awareness as well as accountability. This workshop will address: a) working with historically marginalized communities; b) culturally responsive supervision and practice; 3) consideration of interprofessional collaborative health service models; 4) workforce commitments furthering equity and social justice.

Self-Love and Psychological Health for LBGTQ in the Face of Social injustice

Dr. Zen Lewis

What happens when a society only teaches you how to be straight at best and who you are is wrong and not valued, at worst? Learning who you are and how to exist in a culture and society that defines people in masculine and feminine roles in such strident ways is unjust. Helping your clients learn how to have healthy emotional and sexual beliefs is key to facilitating LGBTQ individuals to rid themselves of the shame and guilt of not being who their social structures demand them to be. In this presentation, you will learn how to help your clients integrate healthy bonding styles for their specific expression by embracing who they are and not what they are supposed to be.

Addressing the Pervasive Legacy of Transgenerational Trauma

Dr. Cara Maffini

Transgenerational trauma refers to the transmission of trauma across generations within a family. Just as trauma manifests within the individual, evidence demonstrates ways in which trauma affects psychological, social, biological and cultural experiences within families and communities. This presentation will review populations that are commonly affected by transgenerational trauma as well as the effects of trauma and transmission of trauma through families. The balance of this presentation will include several counseling interventions for use with this population. Opportunities for discussion, question and answer, application of content to clients, and problem solving common challenges will be included.

Social Service Navigation for Homelessness: The Role of Navigators and Counselors

Isis Pacheco & Dr. Wendell Callahan

Social Navigation (SN) programs have developed to address barriers to accessing health and social care for underserved populations. These programs are often used in health care settings but may be valuable to those who are homeless and need assistance in multiple domains of their life. The broad goal of navigation programs is to link clients and families to primary care services, specialist care, and community-based health and social services. Navigators often address education, financial assistance, health care, housing, social support and other needs. In this presentation, we discuss a program where professional mental health counselors provided on-site training to social navigators to work with homeless individuals in the downtown San Diego area. Outcomes on effectiveness are mixed, but mostly positive reporting increased employment, reduced financial stress, improved sense of empowerment and advocacy, improved insurance coverage, greater satisfaction with care, and improved recovery.
Addressing Multiculturalism Counseling for Individuals of Marginalized Populations  
*Dr. Michele Mahr*

Marginalized populations continue to be oppressed and face unique obstacles in when seeking counseling. The presenter will address various psychological and sociological challenges that individuals often face such as social identity, low self-efficacy, and the power of societal influence. Specific techniques and principles based on Banduras' social cognitive theory and positive psychology will be discussed as the theoretical foundations to implementing positive behavioral change when counseling individuals of minority populations. The presentation will include an examination of the obstacles faced through a multiculturalism lens including: accessibility, social support, class level, education, and environmental barriers. Lastly, the presenter will lead an interactive activity with participants to highlight specific social justice concerns.

White Fragility in Counseling  
*Dr. Mandy Cisler*

In order to provide ethical and culturally appropriate care to clients, counselors must identify any potential biases that may interfere with the provision of counseling. This workshop will assist counselors to investigate potential barriers for this exploration, namely, white fragility. Counselors will be introduced to the term and identify common times when white fragility may be present. This session will offer a nonjudgmental space for reflecting on how counselors can continue to do their own race work and provide a rich, unbiased, and challenging experience for their clients. The presenter will share their own experience along this process and provide tools for working with white fragility when it manifests.

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**Saturday June 1st**

9:00am – 9:15am  
**Welcome!**

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9:15am – 10:45am  
**Plenary Speaker, Kim Madsen, BBS Executive Officer**

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11:00am – 12:30pm  
**Infusing Counselor Education Programs with the Social Justice Principles of Psychiatric Rehabilitation**  
*Dr. Sonia Peterson*

The Council on Rehabilitation Education (CORE) merged with the Council for Accreditation of Counseling and Related Educational Programs (CACREP) in 2017. Those of us who advocate for disability inclusion and the twelve principles set forth by the Psychiatric Rehabilitation Association (PRA, 2018) have an opportunity to infuse the principles of community inclusion, self-determination, and the recovery model into mainstream counselor education with the upcoming revisions to the CACREP standards. The presenter will share a brief description of the CORE/CACREP accreditation merger, the current CACREP standards, the 12 PRA principles, and how to share input with the CACREP board that will shape revisions in the 2023 CACREP Standards and counselor preparation for the next decade.
Professional Binds: Therapist of Color and their Training Experiences
Erika Meza, Monica Sanders, & Kimberly Ayres

Using the qualitative approach of Moustakas’ (1994) transcendental phenomenology, five entry-level marriage and family therapists responded to semi-structured interviews about their experiences of training and professional development as people of color. Participants discussed their experiences of graduate school, supervision, and clinical training in a dominantly white field. Themes that emerged were Definitions of Professionalism, White and Dominant Western Culture, The “Assimilated Professional” of Color, Systems of Oppression, and Perceptions of Power to Change the MFT field. Findings call for a critical analysis of contemporary multicultural and intercultural training in the marriage and family therapy field. Findings also suggest that participants have constructed a resilient response to their racialized experiences, and maintain hopes of creating change in the mental health field.

Coming Out for LGBTQ Adolescents: Creating Supportive Systems
John Sovec

As LGBTQ adolescents begin the journey of discovering and expressing their sexual orientation and gender identity, it is vital that schools, family service agencies, and mental health providers have a deep understanding of the coming out process and how to create a supportive environment. The need for the development of this supportive system is outlined in the 2017 National Climate Survey (GLSEN, 2017), which indicates that a safer school climate including supportive and trained school staff can lessen the use of anti-LGBTQ language and incidents of assault and violence. In this highly interactive workshop, participants will explore the coming out process, learn definitions of sexuality and gender, address influences of multiple minority status on the coming out process, and develop tools to better assist their LGBTQ teen clients and their families.

Addressing the Diagnostic Conundrum of Complex Trauma
Chris Wehrle & Nick Boyd

This informative presentation will explore features of Complex Trauma (CT) that are difficult to treat and assess. CT is often an elusive psychological construct with non-linear etiology and symptom development that isn’t adequately addressed in the current DSM-5, however clinicians are treating patients with such trauma daily. Even experienced clinicians can overlook sub-diagnostic symptomology of trauma presentations muddled by comorbid expressions of multiple incident trauma exposure, substance use, physical disabilities, and cognitive deficits. The ultimate goal of the presentation is to equip attendees with practical and applicable knowledge of how to conduct an accurate trauma assessment through empirically driven diagnostic theory. Subgroups of particular focus include: Veterans, Service Members, Native Americans, immigrants, and sexually marginalized individuals.

Poverty Simulation: An Experiential Training to Work with the Poor
Dr. Rajeswari Natrajan-Tyagi, Dr. Branson Boykins, Diana Tuttle, Hsin-Yu Lee

Mental health clinicians are often underprepared to work with populations living in poverty and without this preparation, they are unable to effectively serve this population. Presenters will share their experience of conducting a simulation of poverty at their graduate school for mental health trainees for the past 7 years. Results of their pre-post evaluation of the simulation and the impact that it had on trainees sense of efficacy and preparedness to work with this marginalized population will be addressed.
**Essential Counseling Hacks for Working with Diverse Couples and Families**  
*Dr. Diane Gehart*

Couple and family counseling can be challenging for even the most experienced practitioner. In this workshop, you will learn how to use cutting edge approaches to significantly improve your counseling outcomes, whether working with individuals, couples or families, by meaningfully conceptualizing the relational dynamics of your clients' broader social networks. Participants will learn clear, simple strategies for identifying the focus of treatment and collaborative intervention methods that respect clients' needs and values.

**Understanding the Politics of Racial Resentment and Dominant Group Fragility in Our Divisive Society**  
*Dr. Nola Butler-Byrd*

Counselors need to understand the politics of racial resentment, dominant group power, privilege and fragility and their deleterious effects on individual and community well-being in order to work competently with clients and communities. By examining a case study about racist incidents at a university in Southern California, this roundtable will provide an opportunity for counselors to deliberate about these divisive issues, in order to promote collaboration, growth, and change on college campuses, communities and in private practice.

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**Regional Networking Lunch**

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**Counselor Educator Consortium**  
*Dr. Leah Brew, Dr. David Peterson, & Kim Madsen*

The purpose of the Educator’s Consortium is to provide counselor educators (full and part time faculty) with support and updated information to state licensure laws that will affect students and alumni in their programs. In addition, the educator consortium will address contemporary counselor educator issues brought forth by counselor educators and share knowledge and best practices. Kim Madsen, the Executive Officer of the BBS will also attend to answer any legal questions.

**Are you ready to be an LPCC? Things You Should Know before Becoming Licensed**  
*JoJo Lee, David Johnson, Rosanna Thai, & Brianna Smith*

Recognizing the LPCC is a relatively new license in California, students, graduates, and programs may not be familiar with the applicable expectations and guidelines. The CALPCC Pre-License Committee wants to help answer your questions about the LPCC process regardless of where you are in your journey. A panel of graduate students and associates will address your questions, offer real-world perspectives, and provide insider information on topics such as registering and studying for exams, professional networking, practicum, obtaining associate registration with the BBS, job search, salary negotiation, and completing licensing hours. This is an opportunity to gather as pre-licensed members from across California to educate, encourage, and empower you on your journey to becoming an LPCC.

**Private Practice Counseling: Meeting Client Needs in a Divisive Time** (panel of private practitioners addressing private practice)  
*Brenda Stephens, Dr. Zen Lewis, Nadia Ramnarain, Corinne Eisenhardt, & Dr. Kristie Overstreet*
The purpose of this session is to assist providers in the acquisition of the knowledge and skills necessary to develop a counseling practice within their desired setting. This session will focus on topics related to management of mental health services including administration, finance, and accountability. Strategies for developing and maintaining a successful counseling practice will be discussed. Participants are invited to bring their questions to ask the panel of clinicians who are currently in private practice.

**Therapeutic Intervention for Working Couples: Assessing Areas of Work to Mitigate Stress at Home**  
*Dr. E. Andrew Stenhouse*

Do we treat clients for problems related to spouse/partner, or problems related to employment? This workshop examines the therapeutic intervention for working couples by assessing six areas of work and how they often contribute to stress, which when taken home, further propagates emotional and physical burnout. In a recent study, 84% report that having a good day at work (a) improved their spirits at home and (b) allowed them to be more optimistic with their family. This presentation incorporates peer-reviewed scholarship along with pragmatic experience from private practice and organizational consulting.

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3:30pm – 5:00pm

**Implementing School-Based SFBT Counseling Programs through University-Community Collaboration**  
*Dr. Sheri Castro-Atwater*

This presentation describes the Solution-Focused Brief Counseling (SFBT) evidence-based practices and methods used in the "SUCCESS Life Coaching" program, a 10-year school-based clinical intervention designed to support diverse student clients deemed “at-risk” academically or social-emotionally. The program is a University-Community training collaboration designed to train graduate students in the Counseling Program while also reaching those clients who feel marginalized and/or misunderstood in schools, in order to engage students and families to assess and work on students’ academic and social/emotional strengths and goals. Learn the evidence-based curriculum used, keys to successful implementation, the ways in which the program supports schools while engaging students and families, and "lessons learned". Sample curriculum worksheets and steps to implementation included.

**Learning to Lead: Developing an Advocacy Identity among California LPCCs, PCC Associates, and PCC Trainees**  
*Dr. Roman Shain, Steven Wang, Jennifer Price, Arakel Aristakessian, & Jaclyn Roher*

In today's society, mental health needs are ever-growing and changing, with an increased demand of services. Although a variety of mental health providers exists within California, a perception endures around which professionals can provide individual and group counseling, due to both established norms and stronger advocacy efforts of established mental health professions. As a new generation of Professional Clinical Counseling students growing into our professional identities, we recognize the challenge that maintaining an active stance in advocating for the PCC profession within California holds. We pose an opportunity for others to reflect on the personal traits that may help them cultivate a stronger sense of advocacy.

**LGBTQ+ POC & Chosen Family**  
*Tracey Stafford & Dina Bdaiwi*

In this presentation, we review empirical literature to provide background knowledge on the relationship between communities of color facing apartheid, explore the limitations around LGBTQ+ people of color (POC) and support, and discuss intersectional challenges faced by POC LGBTQ+ individuals. We engage in critical analysis of how support looks different within the POC LGBTQ+ community arguing for the
significance of a chosen family versus biological. Utilizing the known concepts of support and impact on LGBTQ communities this session seeks to analyze pervasive images of successful counseling interventions with LGBTQ + late adolescence to early adulthood individuals. Furthermore, we evaluate how self-empowerment and advocacy look different among POC LGBTQ + communities highlighting the counseling methods to illuminate and empower the concept of chosen families.

**Multi-Tiered Systems of Supports for Trauma-Informed Care**  
*Gabriela Quezada*

Exposure to childhood adversity is linked to lower life expectancy, higher rates of depression, suicidality, lower academic success, and other negative health outcomes. This presentation seeks to identify evidence-based practices to support youth exposed to childhood trauma and discuss the implications for trauma-informed care in the identification, prevention, and treatment of trauma using a multi-tiered system of support.

**Social Class Bias in the Clinical Relationship; Does Socio-Economic Status Impact Treatment**  
*Dr. Bita Rivas & Dr. Anthony Rivas*

Social class is an aspect of being for every individual regardless of race, ethnicity, or culture. Social class carries implicit and overt rules of behavior, boundaries, and ramifications for members of that particular class group. Its presence cannot be overlooked, ignored, or allowed to bias the clinicians view of the client or vice versa within the therapeutic setting. Social class bias in treatment is a fundamental issue that arises in the clinician client relationship. Bias has been indicated to impact treatment, diagnosis, and prognosis. Rising rates of poverty as well as increased rates of mental health diagnoses begs the question, what can be done to improve the clinician’s awareness and ability to address this bias in the therapeutic setting? This presentation examines current evidence on the role that counselor implicit social class bias may play in treatment disparities, and whether training in implicit bias can effectively reduce the biases that clinicians exhibit.

**Systematic Affair Recovery Therapy (SART) ™: A Cross Cultural Approach to Infidelity Counseling**  
*Dr. Talal Alsaleem*

Systematic Affair Recovery Therapy (SART) was developed to provide counselors of all levels with a strategic and culturally adaptive treatment method for helping couples heal from the trauma of sexual and emotional affairs. Working with couples in crisis can be overwhelming for new and seasoned clinicians, especially when considering the extreme emotional distress and feelings of hopelessness about the future of the relationship. The SART model treats infidelity from a cross-cultural framework that takes into consideration all the different types of relationships, even some of the marginalized minorities such as the case of individuals and dyads who are not in traditional, hetero normative, and monogamous relationships, such as the case of poly-amorous relationships and members of the LGBTQ community.

**Social Justice in Clinical Practice: An Urgency for Cultural Humility, Responsiveness and Professional Compassion**  
*Dr. Matthew Mock*

Clients often come from communities differently complex and diverse from providers of mental health services including LPCCs, psychologists, MFTs and other practitioners. How do we teach future practitioners to practice cultural humility? What are some ‘best practices’ to demonstrate acts of professional compassion training those in power (i.e. therapists to work with those more marginalized or oppressed including clients and families)? What internal resources must we draw from to work with cultural communities often different from our own in some way that embodies a commitment for social justice?
Sometimes we may be viewed as outsiders being made to work deeply within multicultural contexts. In this didactic and interactive workshop, the presenter will use share experiences in effectively facilitating others to acknowledge social justice in their work as psychologists in diverse communities. The presenter will share effective media, digital resources along with experiential, narrative processes utilized to understand awareness around often emotionally charged issues multi-culturally. To facilitate interactive learning, participants will be guided in sharing their own experiences as they might do with others. This session should particularly benefit LPCCs, psychologists and practitioners who have a multicultural practice, teach multicultural courses, facilitate workshops, or engage in workplace services, initiatives or discussions about discrimination, power and privilege in a wide array of settings.